

# St Patrick's College Canteen Menu

Term Week A

## **Breakfast**

### **Monday to Friday**

Toasted cheese sandwiches. (v)	\$1.80
Toasted ham & cheese sandwiches.	\$2.80
Jaffle Toastie- Baked bean or spaghetti & cheese.(v)	\$3.50
Bacon, banana & cheese.	\$3.50
<b>(Gluten Free Available on above items, Add \$1.00)</b>	
Brekkie wrap.	\$4.20
Fresh fruit salad.(v)(gf)	\$3.00
Flavoured yoghurt.(v)(gf)	\$2.00
Hot chocolate with marshmallows.(gf)	\$2.50
Belaroma coffee, Bondi vanilla chai or English breakfast tea.	\$3.50

**Monday** **Recess:** Ham, cheese & tomato toasted tortilla wrap. \$3.80  
(Available in Gluten Free Wraps)(gf)

**Lunch:** Mediterranean chicken Penne pasta in a sun dried tomato, olive, red onion & capsicum creamy tomato sauce topped with Parmesan cheese. \$6.20

**Soup of the day:** with a bread & butter roll. \$5.00

**Tuesday** **Recess:** Banana choc chip pancakes with vanilla ice cream. \$4.20

**Lunch:** Crunchy bacon & cheese tuna & vegetable rice bake, served with a lemon wedge. (s) \$5.80

**Soup of the day:** with a bread & butter roll. \$5.00

**Wednesday** **Recess:** Old fashion individual egg & bacon pie with tomato relish. \$4.20

**Lunch:** Indian lamb Tikka Masala with basmati rice, cucumber yoghurt & pappadum's. \$6.20

**Soup of the day:** with a bread & butter roll. \$5.00

**Thursday** **Recess:** Toasted turkey, bacon, avocado, tomato & cheese focaccia. \$4.80

**Lunch:** Black bean beef & prawn stir fry with seasonal vegetables, Hokkien noodles & crushed cashews. (n)(s) \$6.20

**Soup of the day:** with a bread & butter roll. \$5.00

**Friday** **Recess:** Spanish roasted vegetable frittata.(v)(gf) \$4.20

**Lunch:** Chinese chicken & egg vegetable fried rice with soy sauce. (s) \$6.20

**Soup of the day:** with a bread & butter roll. \$5.00

For any dietary requirements please pre-order at breakfast or recess.  
Nuts (n), Seafood (s)Vegetarian (v) & Gluten free (gf).

All meals prepared on campus.