

St Patricks College Canteen Menu

Term Week A

Breakfast

Monday to Friday

Toasted cheese sandwiches. (v)	\$1.80
Toasted ham & cheese sandwiches.	\$2.80
Jaffle Toastie- Baked bean or spaghetti & cheese.(v)	\$3.50
Bacon, banana & cheese.	\$3.50
(Gluten Free Available on above items, Add \$1.00)	
Brekkie wrap.	\$4.20
Fresh fruit salad. (v)(gf)	\$3.00
Flavoured yoghurt. (v)(gf)	\$2.00
Hot chocolate with marshmallows. (gf)	\$2.50
Belaroma coffee, Bondi vanilla chai or English breakfast tea.	\$3.50

Monday **Recess:** Semi dried tomato, onion & cheese savoury muffin. (v) \$2.50

Lunch: Beef burrito – Tasmanian shredded beef, cheese, capsicum & onion baked in a tortilla served with savoury rice & sour cream. \$6.20

Salad of the day: \$5.50

Tuesday **Recess:** Pancakes topped with Nutela & fresh strawberries. (n) \$3.80

Lunch: Chicken, pumpkin & spinach risotto topped with Parmesan cheese. \$6.20

Salad of the day: \$5.50

Wednesday **Recess:** Zucchini, bacon & corn slice with tomato relish. \$4.20

Lunch: Greek Lamb Souvlaki – Marinated lamb, lettuce, tomato, cheese & b.b.q sauce wrapped in a pita bread. \$6.20

Salad of the day: \$5.50

Thursday **Recess:** Toasted chicken, tomato pesto, spinach, roasted capsicum & cheese focaccia. \$4.80

Lunch: Beef satay noodles – beef strips, vegetables, rice noddles in a satay sauce topped with fresh bean shoots & coriander. (n) \$6.20

Salad of the day: \$5.50

Friday **Recess:** Spanish roasted vegetable frittata. (v)(gf) \$4.20

Lunch: Chicken Twister – chicken, diced tomato, lettuce & mayonnaise in a tortilla. \$5.80

Salad of the day: \$5.50

For any dietary requirements please pre-order at breakfast or recess.

Nuts (n), Seafood (s)Vegetarian (v) & Gluten free (gf).

All meals prepared on campus.